Produced by the South Central Center for Public Health Preparedness in partnership with the Alabama Department of Public Health

## PREPAREDNESS Update How to Speak with Children about War and Terrorism

Satellite Conference and Live Webcast

Tuesday, October 21, 2003 12:00-1:30 p.m., Central Time

What does war on America mean to a young child?

r. Rigamer, a child psychiatrist and former Medical Director of the U.S. State Department, has worked with families and communities on how to live with the threats of terrorism and war. He offers practical advice on helping children cope with the changed realities of life since September 11th.

This confe<mark>rence will address many difficult and complex questions pertaing to children, war and terrorism in our society today. Dr. Rigamer will also present practical advice about how adults can strengthen children's coping skills by effectively managing how they experience stress.</mark>

## Faculty:

Elmore F. Rigamer, MD, MPA Systems Medical Director Medical Director of Informatics CHRISTUS Health Does a child have to verbalize feelings to stay healthy?

## **Conference Details:**

Registration: www.adph.org/alphtn

CEU's: No CEU's for this satellite conference.

Cost: No cost to view.

Satellite Coordinates: C & Ku Band available after registration.

Live WebCast: www.adph.org/alphtn

**Conference Materials:** Posted on our website one week before the program.

Questions: alphtn@adph.state.al.us or 334-206-5618.

## **Upcoming Conferences:**

Tuesday, December 2:

The Mental Health Effects of Terrorism Events

What reactions do children have to the continuous media coverage of disasters?

What do parents do

when they are afraid?